

DAY 5 Dublin Juvenile Even Age Relay Championships
IRISHTOWN Friday 23rd June 2017 @ 7pm

7pm	12	Girls	4 x 100m	Heats
	12	Boys	4 x 100m	Heats
	14	Girls	4 x 100m	Heats
	14	Boys	4 X 100m	Heats
	18	Girls	4 x 400m	FINAL
	18	Boys	4 x 400m	FINAL
	14	Boys	4 x 400m	FINAL
	16	Girls	4 x 400m	FINAL
	16	Boys	4 x 100m	FINAL
	12	Girls	4 x 100m	FINAL
	12	Boys	4 x 100m	FINAL
	14	Girls	4 X 100m	FINAL
	14	Boys	4 X100m	FINAL
	18	Girls	4 x 100m	FINAL
	18	Boys	4 x 100m	FINAL

Any Heats/Semi-Finals will be run first, followed by Finals.

Above order of events might change if more than 8 teams in any age group.

Finals will be run where there are 8 or less teams.

Where there are two heats, the first 3 will qualify from each heat + 2 on time and if three heats, the first two from each and two fastest overall will qualify for the final and where there are 4 heats the winner and 4 fastest will qualify for the final. Where there are 2 heats of 4 or 5 the first 2 & 4 fastest will qualify for a final.

Athletes may move up one age group only.

At least 2 members of the team must be in their correct age-group.

No restriction in U18

Teams qualifying for Finals **MUST ONLY** comprise of the same panel of runners entered in Heats/Semis.

All team names, reg numbers and DOB must be on entry sheets at closing date.

ALL qualifying teams (1st 3 teams in each age group) and athlete names MUST be confirmed for Nationals by Monday 26th June at the latest.

Times are approximate and order of events is subject to change. Athletes are advised to be present at least 45 minutes in advance of competition. All clubs must provide officials. Clubs should advise officials at check in if relay team is not competing.

